



nhs recovery college





Poster submission for Recovery College, 'In Your Face' display

March 2026 | Poster Design | 'In Your Face' display

This poster presents a 2D illustration that uses directional lighting and shading to create a subtle sense of three-dimensionality.

The use of a matured cartoon style also helps balance emotional accessibility with seriousness, avoiding both overly clinical imagery and overly childish visual language.

The bold, colourful palette immediately draws attention and reinforces the theme of creativity.

The use of Frutiger 95 contributes a clean, and highly legible design that contrasts well with the more expressive illustration style.



Testing Co-Production in Practice: Reflections from Our Beta Workshops

July 2025 | Informative Article | Go to [Blog Article](#)

This was a collaborative piece of work between myself (India Fradgley) and the NHS Wakefield Recovery College. It highlights a selection of experiences from further NHS voluntary work, focused on research, design, communication, and contributing to a positive healthcare environment.



Shared Voices, Shared Power: Reflections on a Co-Production Workshop

November 2025 | Informative Article | Go to [Blog Article](#)

This was a collaborative piece of work between myself (India Fradgley) and the NHS Wakefield Recovery College. It highlights the early experiences of my NHS voluntary work, focused on research, design and communication.